

INFO PACK for PARTNERS AND PARTICIPANTS

# INCLUSIVE RIGHTS FOR SOCIAL GENDERS

Seminar, hosted by Center for Support of Women, 21/02 - 28/02/2014. Vrnjačka banja, Serbia



#### SUMMARY OF THE PROJECT

This Seminar will focus on gender issues and their influence on young people in today's Europe. The aim of the seminar is to provide space and time for youth organizations working on gender issues both in Programme Countries and South East Europe (SEE) to exchange examples of good practice. Gender-based discrimination especially in economy remains one of the most salient problems in today's Europe, in particular in the post-conflict region of the Western Balkans. The project therefore will focus not only on the debate of the state of the gender issues in different corners and economic realities of Europe, but also on future cooperation and young peoples' involvement in the process of creation of more gender-balanced societies. We plan to reflect on issues of wider anti-discrimination policy and equality programmes of the European Union. The Seminar looks towards improvement of the quality of support systems for activities aimed at the empowerment of young people in gender matters. Moreover, this Seminar will focus on chances and opportunities for raising employability of women, opportunities for small businesses, start-up and self-employment mechanisms.



#### VENUE OF THE PROJECT

Seminar will take place in Poštanski Dom, on attractive location of Vrnjačka banja, which offers the opportunity to enjoy numerous fortresses, historic and cultural monuments, mountain resorts, as well as spas and wellness programmes. It is located on mountain Goč, which is full of lush vegetation created of a combination of ideal climate and fertile soil. It is located in central part of the Republic of Serbia, at 43\* 37' north and 20\* 54' east latitude, 200km from Belgrade. Poštanski Dom is a heritage of first postman of old Yugoslavia.









#### Poštanski dom

Participants will be accomodated in 2 or 3-bed rooms in Poštanski dom.

Hotel has wi-fi internet connection for free, at the reception, and in the working room.

We advise to bring all toiletries and cosmetics that a participant need, slippers, etc.

Pax will only be provided with towels.





### HOW TO ARRIVE TO VRNJAČKA BANJA



• By plane, via Belgrade:

Via Belgrade airport, possible options: Mini-bus A1 to

Belgrade bus Station (ticket is around 300 RSD = less than 3 euros) timetable is

Availableatfolloowingwebaddress:http://www.busevi.com/index.php?option=com\_eventlist&view=details&id=261&Itemid=26

- By bus from Belgrade to Vrnjačka banja: www.bas.rs (check timetable)
- Or from different directions, whereby bus or train schedules should be checked individually, in consultation with partner organizations or hosting organization.

#### FROM BUS STATION TO POŠTANSKI DOM



Poštanski dom (Lazarev Zavet) is located in Banović Strahinje street, No. 8 - Short street up across the Municipality of Vrnjačka Banja.

It is up to 15 minutes walk from the Bus station in Vrnjačka banja, and 10 minutes slow walk from the center. Depending on the time of your arrival, you will have the option to come by taxi (at the price of 1,5-2 euros)

When you arrive, you will be welcomed on behalf of CPZ - CSW team member and escorted to the venue ©

#### TRAVEL COSTS REIMBURSEMENT



Reimbursement of 70% of travel costs will be done by the end of the Seminar in EUR or RSD regardless of the currency indicated on your ticket and receipt/invoice. Please make sure that:

- Your travel cost can be reimbursed up the amount presented in the next slide.
- You should present the original tickets with boarding passes and receipt/invoices, and send all of them to hosting organization by post, after the Seminar is over. So please keep them all.
- Note that if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web site for the month of ticket's purchase.
- Only cheapest means of transport are eligible for reimbursement. Some countries are eligible to come by car to this Seminar, shown in next slide.
- TAXI bills will not be accepted in general, except in situations where no other means of transport was possible, and only if it was earlier agreed with the hosting organization via e-mail. Anyway, we do not advise to use taxi in Serbia by yourself, especially close to airport, train or bus stations, since there is some illegal taxi drivers that can charge you much more then the regular price.
- Travel costs that occur more than 48 hours before OR after the activity will not be taken into consideration.

Should you have any questions regarding reimbursement rules and limits, please contact us.

### REIMBURSEMENT LIMITS

Raplection, 2 persons, 550 euros Vocolocorto, 2 persons, 1040 euros PEL, 2 persons, 240 euros\*

CGE, 3 persons, 1440 euros\*

- ACM, 2 persons, 1000 euros
- CRV, 2 persons, 300 euros\*
- GED, 2 persons, 1440 euros
- BBA, 2 persons, 300 euros
- APFE, 2 persons, 400 euros\*
- SFERA, 2 persons, 280 euros\*
- DGT, 2 persons, 500 euros\*
- FCV, 2 persons, 1040 euros

The ammount concenrns all the participants per organization.

\* Eligible to come to the Seminar by car. Please consult organizers in that case.

#### VISA AND TRAVEL DOCUMENTS



- Output Service of EU member states and Macedonia can enter Serbia with valid ID card, but we strongly recommend using the passports since there is obligatory registration at the hotel (and the police) that can be done only with passports.
- Participants from partner countries do not need visa for entering Serbia. Mind that entrance from territory of Kosovo to Serbia is not possible for holders of foreign passport.
- Official invitation letter from hosting organization can be provided if needed. In that case please send us e-mail with following information: Name, Surname, your address, date of birth, travel document number.



#### WEATHER, CURRENCY, VENUE



Weather forecast for February predicts temperatures around 0-8°C. You can find most precise forecast here: <u>http://www.weather2umbrella.com/</u>

Local currency is the Dinar (RSD). **1 EUR = 114 RSD** Payment in EUR is prohibited. Exchange offices can be found everywhere, but please do not change large amounts of money (more then 20 EUR) in exchange offices at the airport and train/bus station, because exchange rate can be low, as well as when exchanged in banks. ATM's are available in the center of VB.

Pharmacies, shops of various goods, bars and restaurants, can be found at 5 minutes walk from the Hotel.



If you want to know more about our country and VB here are some web pages: <u>www.srbija.travel</u> <u>http://www.vrnjack</u> abanja.co.rs/srpski/

## PREPARATION OF PARTICIPANTS

- Participants should prepare themselves for active participation during the Seminar.
- Intercultural evening will be organized the third day and national food, drinks, snacks or sweets should be brought in order to present partner countries. Very short presentations of countries will be done in creative way.
- Participants should be present throughout the whole duration of the Seminar.



#### PROGRAMME of SEMINAR "INCLUSIVE RIGHTS FOR SOCIAL GENDERS"

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
	Staffmeeting	Staffmeeting	Staff meeting	Staffmeeting	Staffmeeting	Staffmeeting	BREAKFAST
Arrival of participants and accommodating	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	Departure
	Warmingup	Warmingup	Warming up	Warming up	Warmingup	Warming up	
	Opening and introduction Breaking the ice Names Programme & Methods Hopes & Fears Agreements	Working session II: Concept reflection Perception of gender, gender and sex, gender roles, gender expressions	Working session III: Stereotypes, prejudice, discrimination, oppression Forms and frequency in everyday life.	Mid-term Evaluation Working Session IV: Entrepreneurship Definitions, basics Business environment Finances Opportunities	Continuation of Working session V: Business ideas Brainstorming An alysis Feasibility study	Working Session VII: Synthesising: gender, entrepreneuship, project, action Creation of concrete business plans, clustering the main themes of the Seminar. Presentations and cross- audit	Final staff meeting: Summary, project repor and preparation of the follow-up activities
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	-
	Working session I: Team building Basics of teamwork: structure, roles, challenges. Team building activities, from individual to the team player, discussion.	Continuation of Working session II: Context reflection (RESEARCH) Presentation of results of participant's research done prior to the project's theme(s). This session will focus on presentations of countries from both European Union and SEE. Discussion	Continuation of Working Session III: Gender balanced language & synthesis Mind, thoughts, attitudes, words Language Thoughts vs. Actions "Political correctness" Do we do what we think; do we do what we speak? Discussion	Working session XYZ: OPEN SPACE EXPERIENCE	Working session VI: Into the market Selling products or services Using the tools of PR & promotion, branding & promotion, branding & promotion. Viral Marketing WEB 2.0 Low Budget PR	Working Session VIII: Non-formal learning Erasmus+ Programme and opportunities Youth pass Final evaluation Closing ceremony	
	Steaming Groups	Steaming Groups	Steaming Groups	Stearning Groups	Steaming Groups	ana	]
	DINNER	DINNER	DINNER	DINNER OUT	DINNER	DINNER	1
Welcome Night	Partner's market	Intercultural evening	Thematic movie evening	Social evening	Free Evening	Farewell night	1
Staff meeting	Staffmeeting	Staffmeeting	Staff meeting	Staffmeeting	Staffmeeting	Staffmeeting	1



Please send us application form by 20<sup>th</sup> of January 2014 on e-mail address:

inclusiverights4genders@gmail.com

For more information do not hesitate to contact us on this address.

# SEE YOU SOON!

